

# AromaThai

DAY SPA

Welcome to AromaThai Day Spa. Sit back and relax and allow us to take care of you with our specialized therapies and oils that will treat you to better health of body and mind.

Our roots are centered in Thai healing techniques and hospitality and all our therapists are trained in the very best techniques to help you relax and rejuvenate.

Choose from our large array of options or allow our staff to recommend what you should do for a specific complaint or persistent problem.

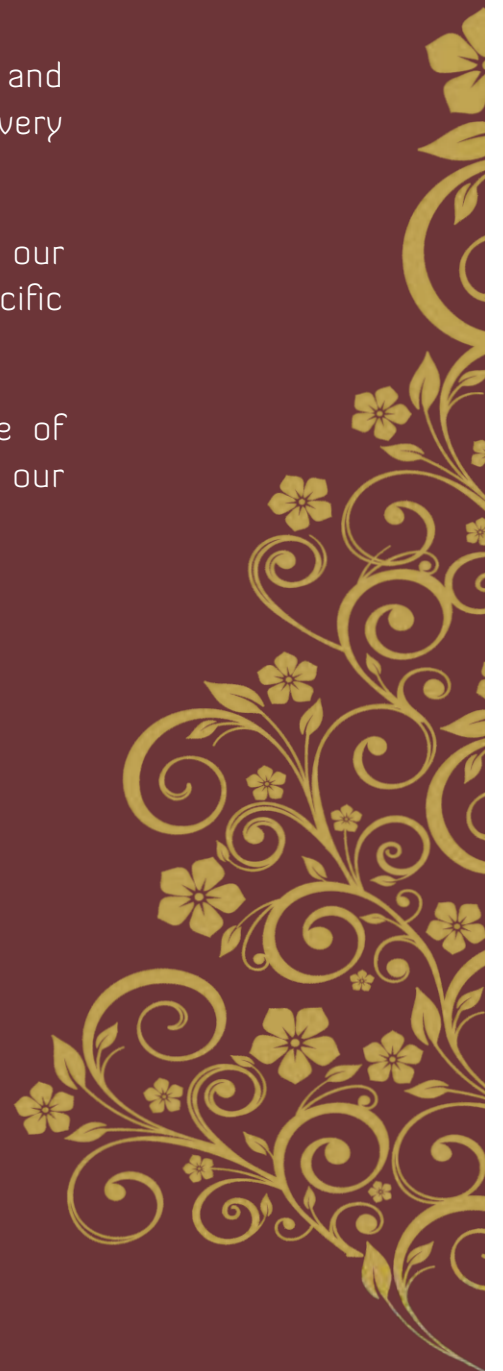
Either way, indulge yourself with the expertise of healing hands and let us look after you with our signature Thai hospitality!

#### SAFETY & PRECAUTIONS

Pregnant women are recommended to seek medical advice before engaging in any of the therapies and notify manager of the same. If you are suffering from any ailment that we should know, please inform our manager. You are advised to refrain from any therapy under the influence of alcohol. It is also advised that you do not consume any food or cold beverage at least ½ an hour prior to and after the massage.

#### DISCLAIMER

Reflexology is not a medicine, nor constitutes for medical advice, treatment or diagnoses. It should not be used as a replacement for medical treatment, but is complimenting to most types of therapies. If you have any queries on the safety of reflexology and your particular condition or if you are experiencing any specific medical problems, you should visit a licensed physician or health professional you trust.  
Prices are subject to change without prior notice



## Foot Therapies

**Signature foot massage : Sawadee** uses reflexology as the crux of this massage to provide an authentic Thai massage that will relax your tired feet as our special oils soak into your muscles and ligaments to increase blood flow and reduce muscle tension. A skillful upper body massage completes this therapy to provide a complete, relaxing experience.

**60 mins Rs. 1450**

**Head to sole signature massage : Anandathai** is an extended therapy that combines our signature foot massage with an upper body massage to include arms, hands and head to give you a completely relaxing experience.

**90 mins Rs. 2200**

**Thai herbal compress foot massage- Arokaya** is an invigorating foot massage that uses heated Thai herbal compresses to help soothe muscle aches, increase circulation and remove toxins. Kanphu balm and aroma oils help to reach deep under the skin and an upper body massage concludes this relaxing experience.

**60 / 90 mins  
Rs. 1750 / Rs. 2200**

**Sawadee express-** Ideal for those with less time on their hands. A compact version of our signature foot massage that will leave you feeling instantly refreshed

**30 mins Rs. 950**

**The Thai Dry** - A massage that presses all the right pressure points without oil to give you quick relief.

**30 mins Rs. 1200**

## Head Massages

**Hot oil head massage** - An intensely relaxing hot oil massage that lulls you into a stupor with our special oil infused with sesame, peppermint, cedar wood and lavender that helps to remove aches and dull pains

**30 mins Rs. 1200**

**The after - party massage** - A wonderful head massage that uses magic oil to relieve hangovers, headaches, migraines and even insomnia with its healing properties. A soothing foot soak completes the therapy.

**45 / 90 mins  
Rs. 1350 / Rs. 2350**

**Head, neck and shoulder massage** - This is the ideal massage to provide invigoration to tired muscles with complete focus on the head, neck and shoulders. It provides new energy and well being with an increased supply of oxygen to the brain with massage techniques.

**30 mins Rs. 1050**

**Stress release massage** - A massage that is specially for those who spend long hours on computers and behind desks to combat stress on a daily basis. A relaxing therapy that helps to relieve migraine headaches, stiff necks and back pain with expert kneading and manipulation while a soothing foot soak completes this rejuvenating therapy

**30 mins Rs. 1100**

**Head massage with anti hair fall-** This therapy is an **Aromathai exclusive** as it has been created as the ideal solution for all your hair woes. Let our customized hair oil soak into your scalp and encourage blood flow and boost circulation. A wonderfully efficient treatment that promises instant results.

**45 mins Rs. 1750**

## Body Massages

**Traditional Thai massage** : A massage that's created with yoga techniques from Thailand wherein the therapist will assist you in a series of yoga stretches to improve circulation and flexibility as you enjoy relaxing joint pain relief, muscle movement and a positive flow of energy in this dry massage that can be done in your comfortable clothing.

**60 / 90 mins**  
**Rs. 2450 / Rs. 3300**

**Aromatherapy massage** : A massage that is the perfect way to relax a tired body as aromatic, essential oils and Thai massage techniques liberate energies in your body towards relaxation and rejuvenation.

**60 / 90 mins**  
**Rs. 2800 / 3850**  
**With herbal compress - Rs. 4120/-**

**Deep tissue** - A massage that promises instant relief with its intensity and strong strokes to relieve underlying muscle tension and pain and provide deep relaxation.

**60 / 90 mins**  
**Rs. 3100 / Rs. 4200**  
**With herbal compress - Rs. 4500/-**

**Detox and tone-** A massage that promises you a tangibly toned body with its anti cellulite and detox oils that fight to remove cellular lumps and toxins from your body and increase blood and oxygen flow for physical wellness and cellular balance.

**90 mins Rs. 4800**

**Sportfit massage** –An invigorating massage for those who engage in strenuous activity. A combination of a Thai dry massage that involves stretching to soothe tired muscles and a special combination of oils that seep into muscles that are aggravated and overused. A strong, hard massage that will spring you back to life.

**90 mins Rs. 4550**

## Manicure & Pedicure

### SPA

Enjoy our fine services and exclusive products

Spa Manicure: **Rs. 800**

Spa Pedicure: **Rs. 900**

Spa Manicure and Pedicure: **Rs. 1650**

### ROYAL

With the added pleasure of a 30 minute relaxing aromatic foot massage

Royal Manicure: **Rs. 1550**

Royal Pedicure: **Rs. 1650**

Royal Manicure and Pedicure **Rs. 2350**

## Face Refreshers

**Radiance** - a wonderful pick-me-up for your skin as enriched blends of vitamin c, HA and turmeric extracts work their magic and strengthen your skin to fight UV exposure and promote cell renewal.  
**60 mins Rs. 1950**

**O2** : Our special ingredient Advance Time Oxygen Complex boosts the oxygen absorption in your skin pores, for a softer healthier look.  
**60 mins Rs. 1950**

**Collagen Gold**, with combination of pure collagen, Q1 snow lotus herb, organic aloe and 24K gold sheets, stimulates skin elasticity and glow.  
**60mins Rs. 2400**

## Body Scrubs

**Rice bran and oatmeal scrub** - A massage that specializes in exfoliating dead cells and giving you youthful, brighter nourished skin with our specially made powder that has been freshly made and ground to leave you with soft,smooth skin that's been gently nourished.  
**45 mins Rs. 2450**

**Lemon and walnut scrub**- An intense scrub that works well on dry skin types as it exfoliates and cleanses with its astringent properties of sea salt, lemon and walnut oil. It soothes and coaxes dry skin into a lustre with its oil content and stimulates new energy with our special massage. After this cleansing ritual, we highly recommend an enriching masque or oil treatment to pamper your skin a little further.  
**45 mins Rs. 2450**

## Body Masques

**Ginger, seaweed and green tea** - A masque that detoxifies your skin while providing lost moisture from sunlight and pollutants. Your skin will benefit from the ginger and seaweed combination as it works as a conditioner for your skin while the green tea will help your skin absorb rich nutrients and anti oxidant benefits with its own properties. A wonderfully refreshing treatment for your face with that is very beneficial and encourages softer, smoother skin..  
( this treatment is best combined with a body scrub/massage)  
**75 mins**

**Champagne body masque** - The ultimate luxury product for your skin as the sinfully luscious combination of strawberries, peaches and grapes coupled with the finest champagne oil( sourced from Champagne, France) envelopes your skin with its powerful anti oxidant and exfoliating properties as it nourishes each pore with its natural extracts. Great for ageing or dehydrated skin, this masque helps give you smoother, softer and luminous skin with the perfect balance.  
( this treatment is best combined with a body scrub/massage)  
**75 mins**

### **MUST TRY** BODY TREATMENT PACKAGE OPTIONS

Please speak with our managers to get details on pricing & duration of the combinations below:

Choice of Scrub + Choice of Masque Rs. 4650 - Rs. 5500 / 75 mins

Choice of Scrub + Choice of Body Massage Rs. 5200 - Rs. 5700 / 120 mins

Choice of Scrub + Choice of Masque + Choice of Body Massage Rs. 5600 - Rs. 8100 / 180 mins